

Rubik Ghosh

80/20 Guide

5 QUESTIONS TO HELP YOU REFLECT ON THE IMPORTANT SPHERES
IN YOUR LIFE

1. Productivity

20% of your output generates 80% of your results. Find that 20%.

TAKE STOCK OF YOUR DAY-TO-DAY ACTIVITIES WHETHER IT BE AT WORK OR ON YOUR DAYS OFF. WHERE DO YOU SPEND TIME ON THAT GENERATES THE GREATEST RETURNS? WHAT DO YOU SPEND TIME ON THAT HAS DIMINISHING RESULTS?

What can I zone in more to get greater returns?

What things do I need to eliminate that have diminishing results?

2. Happiness

**20% of your daily actions
creates 80% of your happiness.**

**TAKE A MOMENT TO REFLECT AND PINPOINT THE CORE 20% OF YOUR
DAILY ACTIONS THAT MAKE UP THE 80% OF YOUR INNER HAPPINESS.**

**What actions, beliefs or
patterns make you really
happy?**

**What beliefs empower you
and motivate you? What gives
you energy and makes you
happy. Do more of that.**

3. Finances

80% of your Income is generated by 20% of a source.

IF YOU HAVE MULTIPLE SOURCES OF INCOME, GENERALLY 80% OF YOUR INCOME WILL COME FROM 20% OF A PARTICULAR SOURCE. LOOK FOR WAYS TO MAXIMISE THAT 20% TO GET GREATER RETURNS.

Which core 20% of my income sources generate the most revenue or profit? How can I improve them?

Which 20% of my core expenses contribute to the largest expenses? How can I eliminate these or cut them.

4. Relationships

Your core 20% of relationships generates 80% of value. Strengthen this 20%.

YOU END UP ADOPTING THE HABITS AND MINDSET OF THE PEOPLE YOU SPEND MOST OF YOUR TIME WITH. STRENGTHEN THE RELATIONSHIPS WITH YOUR CORE 20%.

**Who are the closest to me?
Who brings a lot of value to my life? How can I add value to their lives?**

Who do I spend time with that build me up or are inspiring?

5. Other areas

Apply Pareto's Principle or the 80/20 Rule to other areas where you want improvement.

HINT: 20% OF THE CORE INPUTS GENERATE 80% OF THE RESULTS.

Where can I apply the 80/20 rule in my life to improve outcomes?

What can I do this next week or month that will make the rest of the year easier?

Rubik Ghosh

**"Helping you become
Limitless"**

**Check out
rubikghosh.com**

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